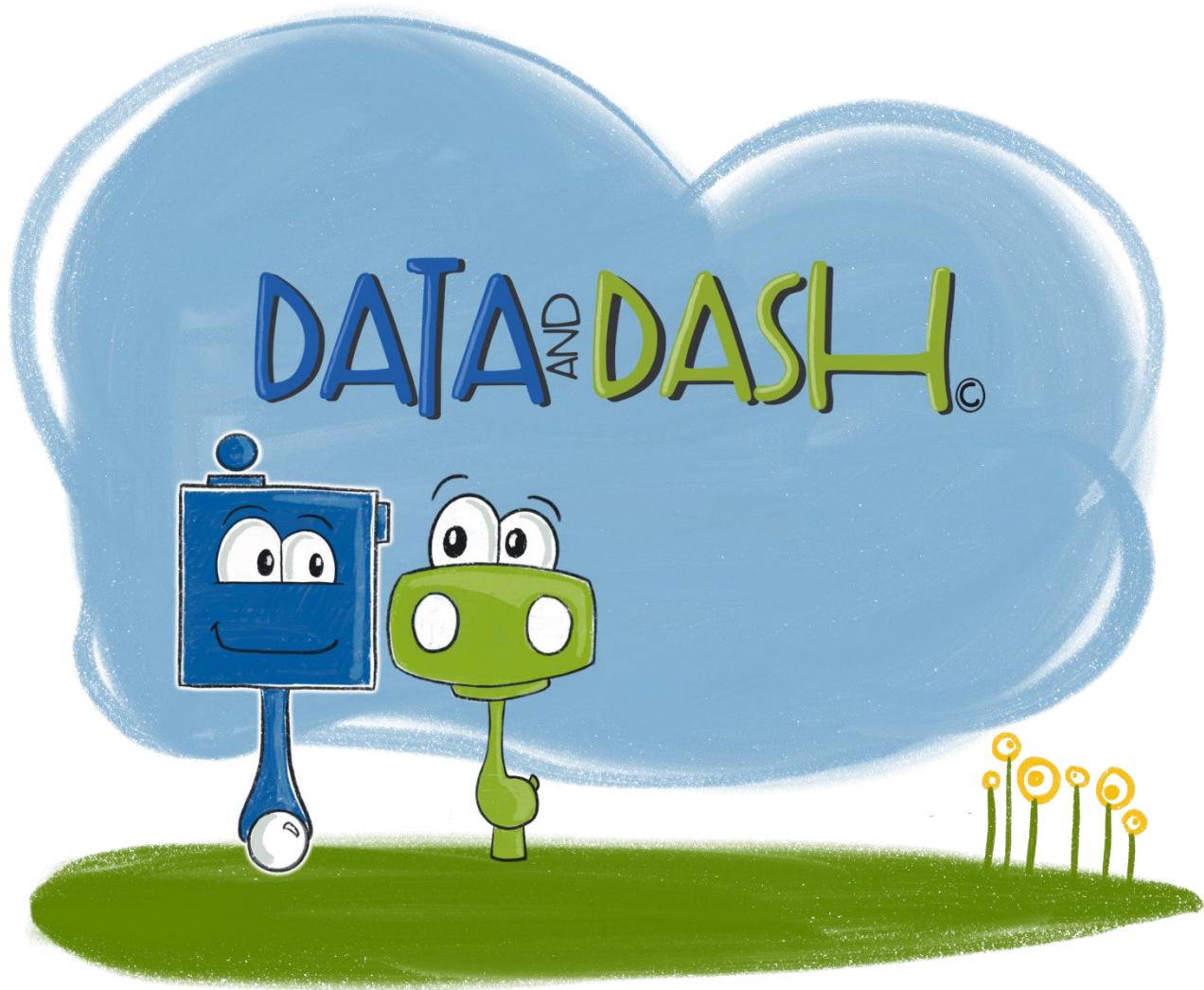
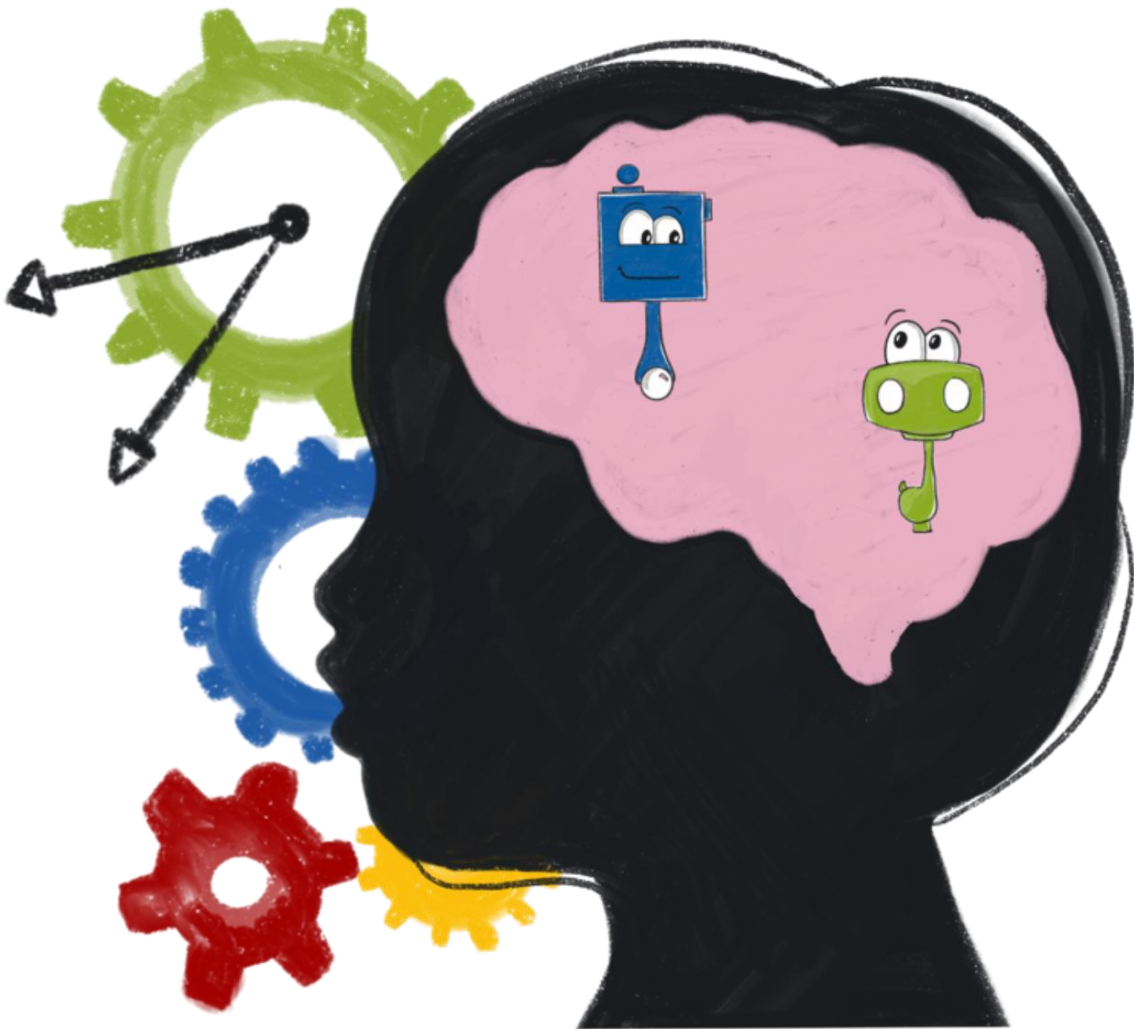


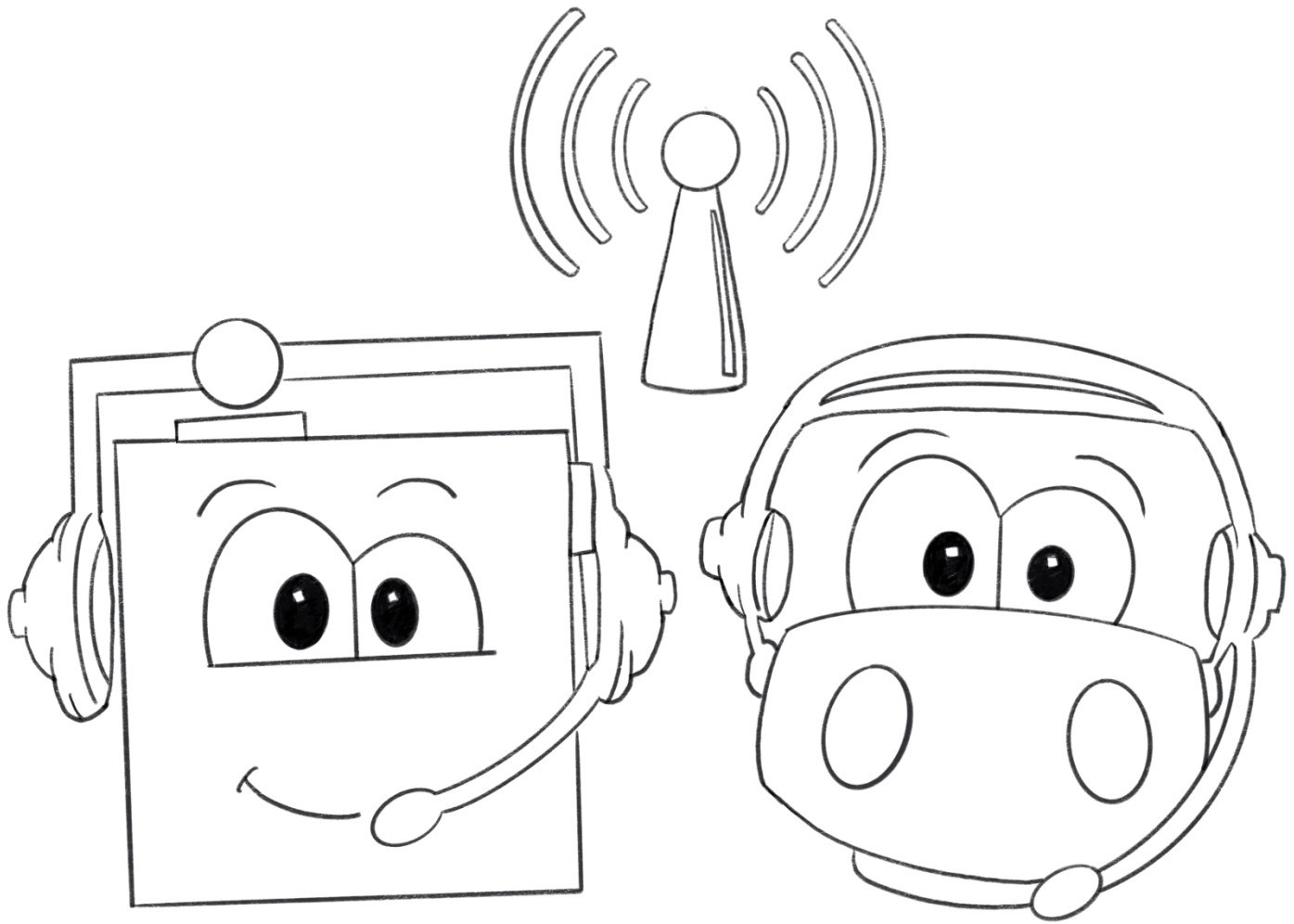
# Coloring and Activity Book



**A fun and interactive program to teach  
kids about emotions**



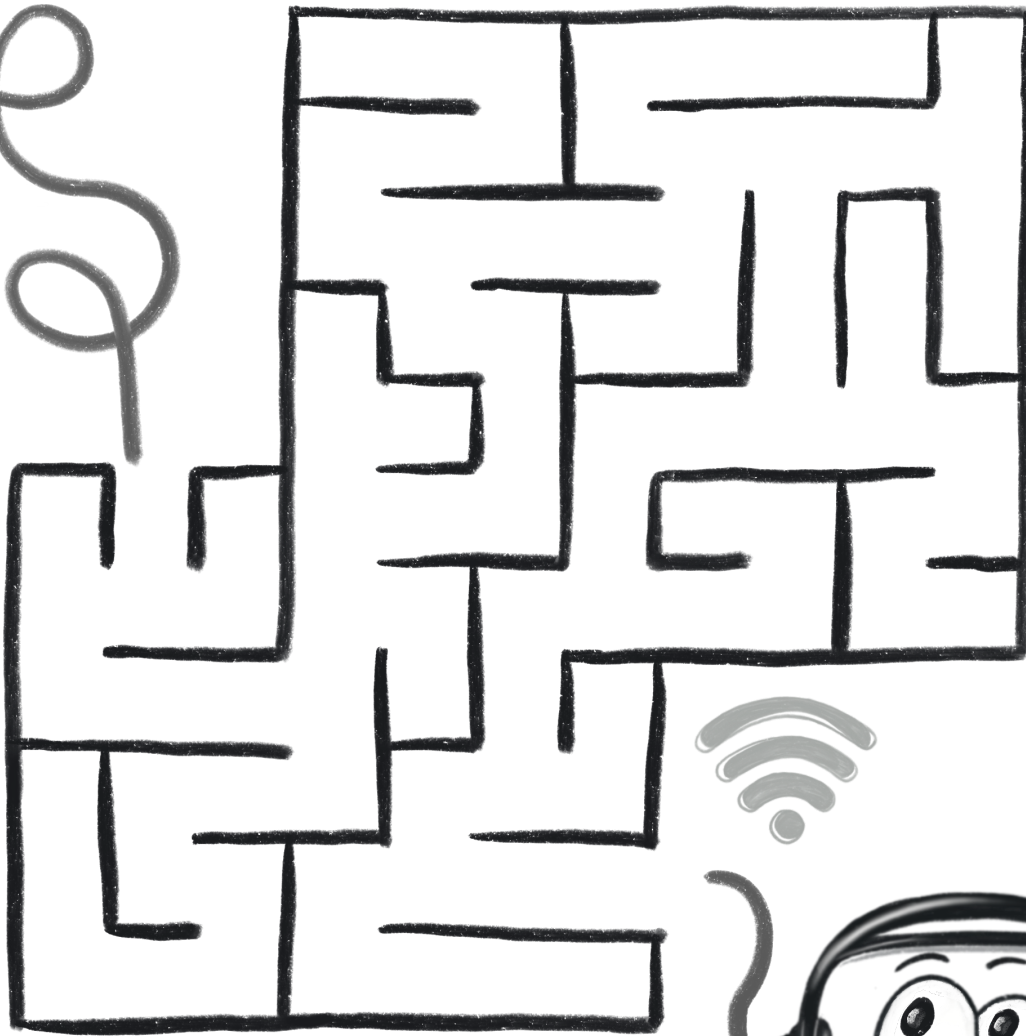
**Everyone has an emotional part of their brain and a logical part of their brain.**

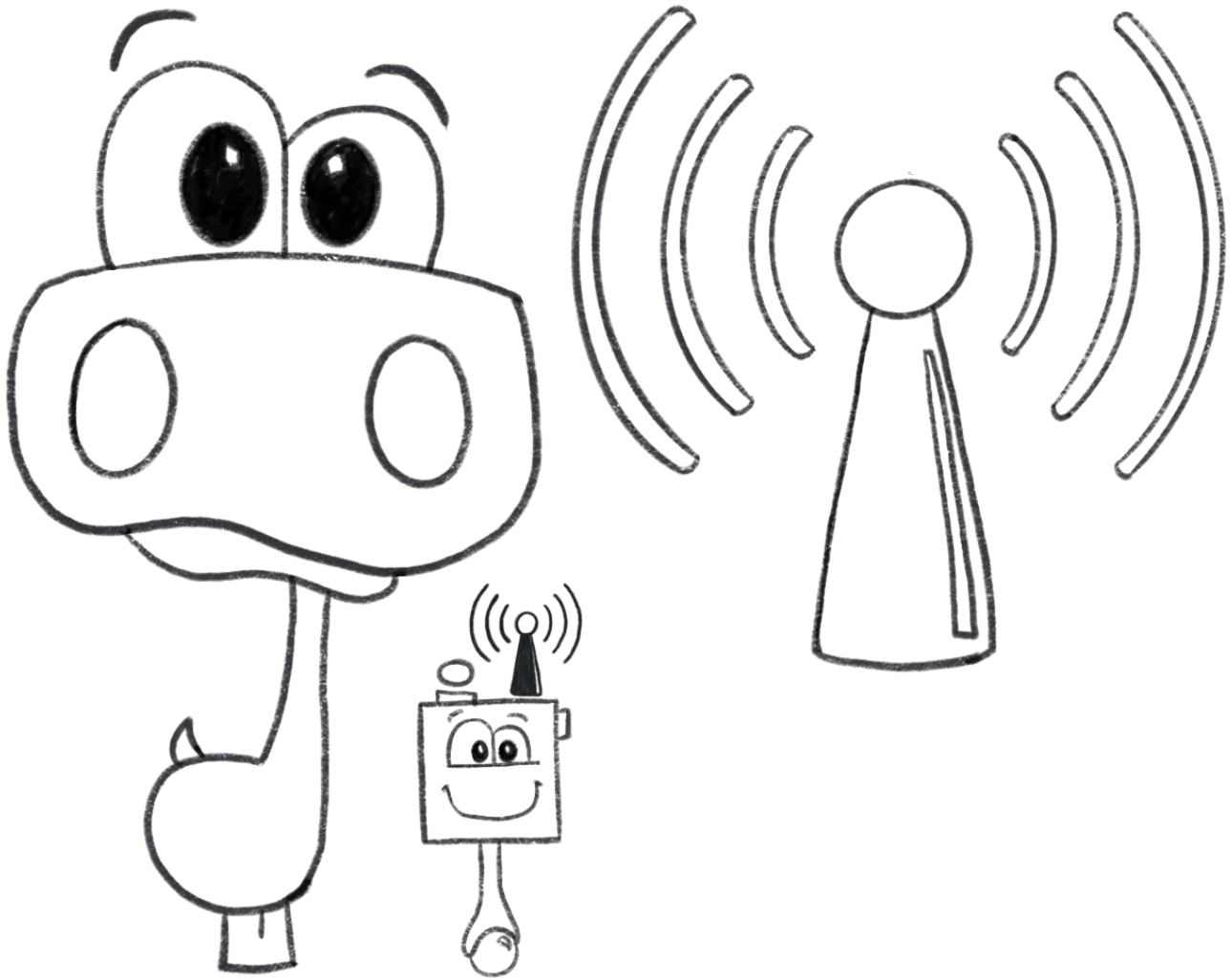


**It's important to learn how to keep our logical and emotional brains connected so they can work together!**



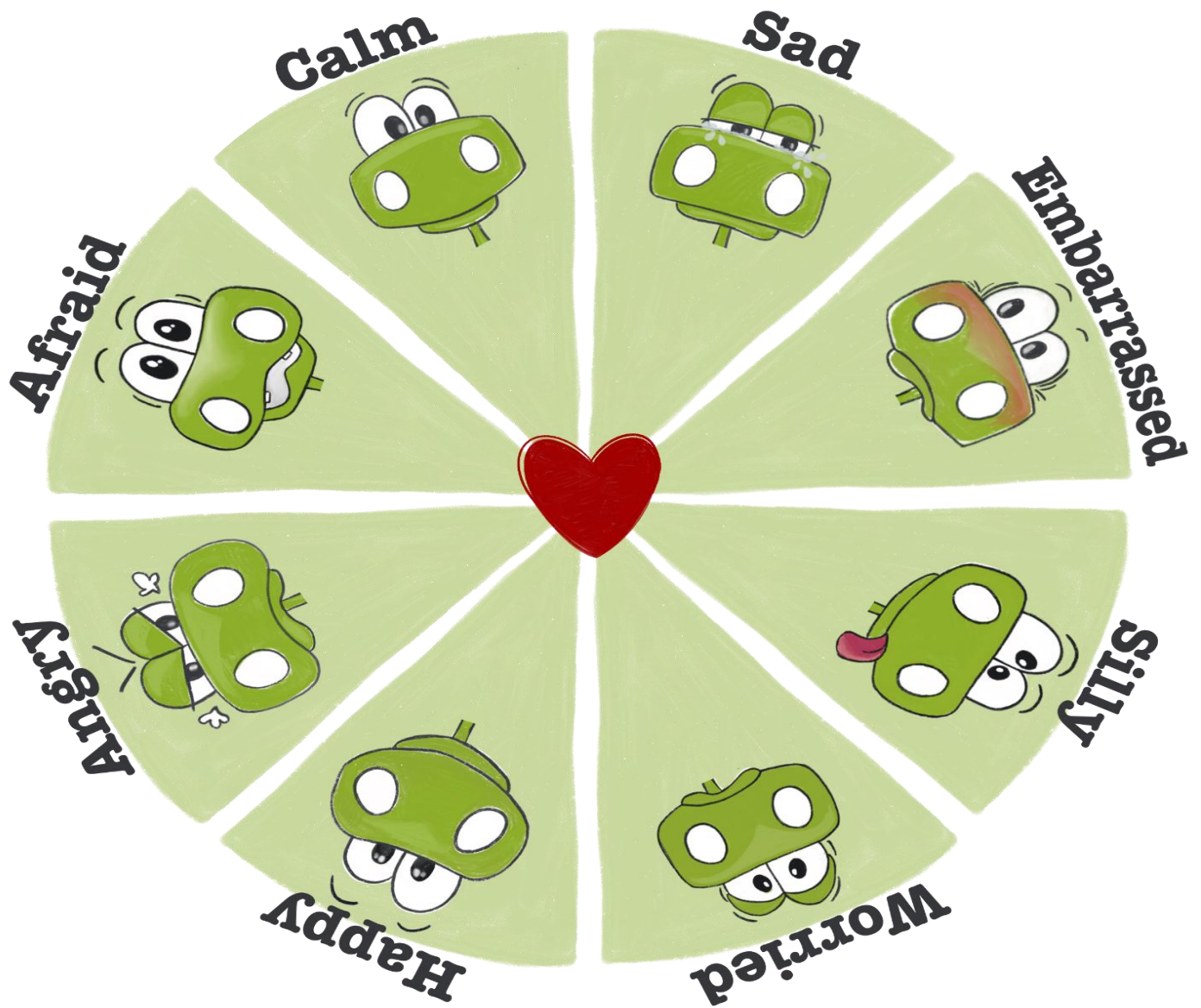
Oh No!  
Data & Dash got  
disconnected. Can you help  
them get connected again?





**Sometimes the emotional part of our brain can get too big. We can learn how to help get the emotional part and the logical part back to the same size.**





**Toss a coin (or anything small like a rock, dice, etc.) on to the page and see what emotion it lands on. Describe a time you felt that emotion. If you can't think of a time, make a story up of when someone else might feel this way.**

# Learn more about emotions from Data & Dash



Visit  
<https://emo-ed.teachable.com>

